

FRANCHE
COMTÉ



INCREDIBLE FRANCHE-COMTÉ



A PASSION FOR SPORT MAY 2009

come to FRANCHE-COMTÉ
and experience the lively waters!

To assist you in your search for short breaks,
contact our advisors on:

N°Universel 00 800 2006 2010

FREEPHONE NUMBER



ADRENALIN and thrills

In Franche-Comté water courses playfully follow the contours of the mountains and thread their way through gorges. Sometimes calm, sometimes turbulent, they offer a wealth of activities, including canoeing, kayaking, canyoning and hydro speed. One, two, three, launch yourself into the water!

HIKING BY BOAT: A TORRENT INSTEAD OF A TRACK

Climbs, walks, swims, "slides" and leaps in the mountain torrents are all part of exploring the canyons, among them the Grosdar and Malvaux. Here, there is no shortage of chutes and natural swimming pools to enjoy, without putting yourself in danger. Expert canyoning guides and the Ornans leisure park.

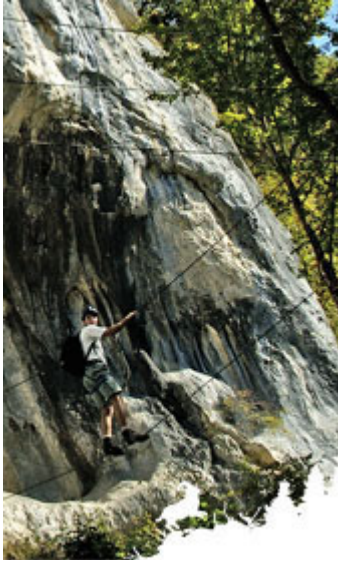
> FIND OUT MORE

CANYONING: HAUT-JURA

Immerse yourself: the chill of running water, splendid canyons, the authenticity of the Jura cuisine, the friendly atmosphere. You're going to love canyoning in Franche-Comté!

>> 2-day / 1-night stay, full board





CANYONING AND VIA FERRATA



How about a sporting expedition where you can be at one with nature? Well, just follow your guide! You start off from Morez, home of the spectacles industry, and then the lofty via ferrata will take your breath away. After the superb panoramic view, you can enjoy adventures in the most beautiful canyons of the Haut Jura Nature Reserve.

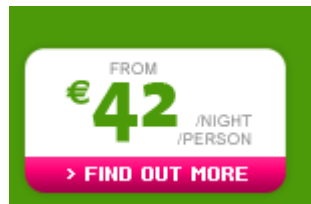
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PADDLE LIKE A SIOUX

The kayak is a great way to experience a country from the inside. Paddle down the Ain and the Doubs and challenge their very power with your paddling. You're a beginner? Then try the quiet stretches of the Ognon and the Loue; they're made for you.

> FIND OUT MORE

LA FERME AUBERGE DU RONDEAU



The perfect place for a canoeing stay: just five minutes from the water sports centre at Ornans, the 170 km of the Loue flow right up to your door, to give you many happy hours afloat. And when you can't do any more, you can recover with farmhouse cooking and a stay in a warmly-welcoming guest house.

>> breakfast included



RENDEZ-VOUS

ON YOUR MARKS, SET, GO!

In August, make way for sporting encounters on the beach at Gray. On August 1st, take part in or watch the ninth running of the Gray triathlon. On the 2nd, see the champions clash at the French aquathlon championships.

> FIND OUT MORE



**LOTS OF IDEAS AND INFORMATION
FOR YOUR STAY IN OUR NEW
2009 MAGAZINE!**

[Click here](#)



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SEE PREVIOUS E-LETTERS!



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