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FRANCHE COMTÉ

INCREDIBLE FRANCHE-COMTÉ

WELL-BEING SPECIAL, MARCH 2009

come and recharge your batteries  
**in FRANCHE-COMTÉ!**

To assist you in your search for short breaks,  
contact our advisors on: **N°Universel 00 800 2006 2010**  
FREEPHONE NUMBER



## WELL-BEING: Dive into the SPRINGS of well-being!

Want to do yourself some good, have a rest and relax? There's nothing simpler: throw yourself in Franche-Comté's spa baths. The region's resorts offer you health programmes, far from stress and bother in the heart of peaceful and welcoming nature. The waters at Lons-le-Saunier and Salins-les-Bains have a salinity level close to that of the Dead Sea and the water at Luxeuil-les-Bains is hot and beneficial. Mmmmmm, don't you feel better already?

## LONS-LE-SAUNIER: FAMILY HEALTH TREATMENT

Vintners' houses, the square with its archways, the rococo theatre, and more: welcome to Lons-le-Saunier! At the baths, situated in a park containing rare plant species, a whole range of original treatments is on offer. On the menu: cures and treatments for old and young to experience the virtues of spa water in a special environment.

## LONS-LE-SAUNIER, THERE TO PAMPER YOU

In a beautiful, charming hotel, you will find an intimate resort with a swimming pool, large park and gastronomic restaurant. You will benefit from two afternoons of treatments and a tonic bath amid the mountain pines. Quite simply intoxicating!

>> 3-day / 2-night stay, 1/2 board



## SALINS-LES-BAINS, SPA JEWEL

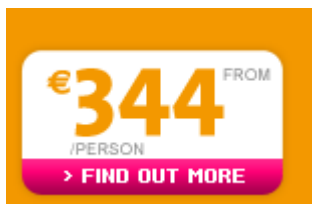
The Dead Sea is a long way to go: so that's a good reason to go to Salins-les-Bains instead.

Its water has a high salt content and is rich in trace elements (magnesium, iron, zinc, etc.) and has considerable therapeutic qualities. Numbered among the Villages of Character in Franche-Comté, this town is a little jewel of history, architecture and traditions.

## WELCOME WAVES IN SALINS

In the heart of the Revermont, give yourself a break, relax and take it easy! In the morning visit Salins-les-Bains and the salt-works, an absolute must! In the afternoon take advantage of the hydrotherapy at the spas. A moment of utter luxury.

>> 4-day / 3-night stay, ½ board



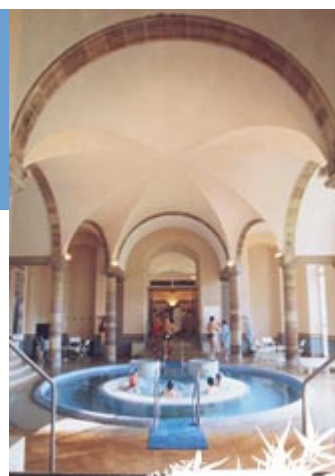
## HOT WATER AT LUXEUIL-LES-BAINS

The superb mediaeval town of Luxeuil-les-Bains has been renowned for centuries for its beneficial waters: the Romans built the first spas there around the hot springs to which they attribute their purification, longevity and fecundity qualities. A whole host of things inviting you to rest and relax in luxury.

## LUXEUIL-LES-BAINS TAKES GOOD CARE OF YOU

Take advantage of the benefits of aquatherapy in one of the oldest spa establishments in France. A vast pool enclosed in a magnificent glass structure allows you to enjoy your treatment and the surrounding countryside at the same time. Pure contentment!

>> 3-day / 2-night stay, ½ board



## WELL-BEING RENDEZ-VOUS

Lons-le-Saunier Spa centre

Salins-les-Bains thermal baths

Luxeuil-les-Bains Spa centre



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